

Table with columns for Date, Day, Meal Name, and Nutritional Information. Includes sub-sections for '幼児献立' and '主な材料'.

Table for 'こどもの日' (Children's Day) with meal names and nutritional values.

Table for '誕生日会' (Birthday Party) with meal names and nutritional values.

Table for '世界のごはん ~トルコ料理~' (World's Food ~Turkish Cuisine~) with meal names and nutritional values.

Main table for '軽食・夕食献立表' (Light Food & Dinner Menu) with columns for Date, Day, Meal Name, and Nutritional Information.

Table for '焼うどん' (Yakudon) with meal name and nutritional values.

Table for 'おにぎり' (Onigiri) with meal name and nutritional values.