



令和元年8月献立表



Table with columns for date, day, meal type, ingredients, and nutritional value. Includes rows for 9/23, 10/24, 10/26, 13/27, 14/28, 1/15/29, 2/16/30, 3/17/31, 5/19, 6/20, 7/21, and 8/21.

★ 誕生日会 ★

Table for the birthday party menu on 8/22, listing items like cake, juice, and snacks with their nutritional values.

◆みそ汁紀行◆日本各地（7道県）のみそを7回に渡って提供致します。今月は北海道の「田舎みそ（米みそ）」をお届けします！
材料の都合により献立を変更する場合がございます。ご了承ください。



令和元年8月軽食・夕食献立表



Table with columns for date, day, meal type, ingredients, and nutritional value. Includes rows for 9/23, 10/24, 10/26, 13/27, 14/28, 1/15/29, 2/16/30, 3/17/31, 5/19, 6/20, 7/21, and 8/21.

Table for the light meal on 8/22, listing items like fried potatoes, tea, and vegetables with their nutritional values.